

PLD CHEERLEADING CONTRACT

Cheerleaders are representatives of Paul Laurence Dunbar at all times. Therefore, you will be expected to conduct yourselves in a manner that would be considered respectful by all. In order to become a member of this squad, you agree to the following guidelines.

1. **Practice/Games-** You must be at all practices **on time**, properly dressed with all necessary equipment. This means no **jewelry** and **hair up**. **NO GUM**. Practice Clothing is to be related to Dunbar Cheerleading. No practices will be excused without prior approval. If you receive **one** unexcused absence from practice, **YOU WILL BE DISMISSED** from the team. The coach has the right to give consequences for late arrival to practices and the coach will decide those consequences. Any absence from any Dunbar event must be **APPROVED 2 WEEKS PRIOR TO THE EVENT**. Any games missed, must be made up and the coach will assign this. There will be practice over Christmas break and there will be a mandatory camp in the summer. **I will not change or alter my practice schedule for any outside activities**. The cheerleading season is not over until State Competition. You must be totally committed to this activity. Remember work is not an excuse to miss practice. At competition time, we may need to add practices and it is your responsibility to clear your schedule.
2. **Grades-** You must maintain a **2.0 GPA** and satisfactory conduct.
3. **Drug Policy-** You must comply with the PLD DRUG/ALCOHOL POLICY.
4. **Ability-** You are to maintain the ability level that was exhibited at tryouts.
5. **No one is guaranteed the right to compete.** The coach will select those who she feels will best represent the school at any and all functions. Coaches Note – *Please not call at home about which team your daughter is competing on, which base she may or may not have etc. The coaches have to make decisions on what is best for the team and not what is best for a particular individual. If your daughter thinks that she is deserves to be doing something better or different in a routine, then she is obviously on the borderline in some area and should work to improve her skills so that they are consistent. Consistency is every thing. (Ex-You do not have a back tuck if you cannot throw more than one or if you can only throw it on the mat.)*
6. **Fundraising-** This is expected of all girls who want to compete due to extra costs. This does not have to be parents.
7. **National Competition** - If you want to go to National Competition, you must earn at least 2/3 of the final cost. You may pay for the rest. Everyone does not have to participate in National Competition. If you want to cheer at PLD without participating at National Competition, that is OK. (Most fundraise more than enough to pay for competition. The opportunity is there) National Competition will cost between \$600-800. We are a nonprofit organization. Seniors or girls that leave the team forfeit all money to the team's booster club. **Other costs-** You are responsible for buying all socks, ribbons, shoes, bodysuits, warm-ups, drug testing fee, and school insurance as stated in the Fayette County Athletic Guidelines. Bingo may make enough to cover some of these costs.
8. **Commitment-** The cheerleading season is not over until State Competition. You must be totally committed to this activity. Remember **work** is not an excuse to miss practice. At competition time, we may need to add practices and it is your

responsibility to clear your schedule. **Lack of commitment may result in your dismissal from the competition team.**

9. **Selection to the Team-**The Coach has the final say in all selections made to this cheerleading squad. We may be able to compose three teams.

10. **Competition Dates-**The coach has the final say in what competitions the squad attends. Expected competitions are :

Fall Competition– Sept /Oct^t UCA Regionals – Nov

UCA Nationals –Feb 11-14th KAPOS REGIONAL –Jan/Feb

KAPOS STATE – Feb

12. **Transportation-**You are responsible for all transportation. We will not be traveling to games that are over an hour away. We will try to stay within 30 –45 minutes from Lexington due to transportation costs.

13. **Attendance to School-**Cheerleaders must attend at least two classes of the school day of any event.

14. **Conditioning-**Cheerleaders are responsible for their physical condition. You must attend 10 conditioning classes in the summer that will be offered at PLD.

15. **All-Star Squads**

a. Dunbar must be first priority.

b. No competition in Jan and Feb with any all Star teams.

c. All-star competitions must be approved by Dunbar coaches in writing. These requests must be two weeks in advance just as other requests. Do not ask to compete in Jan or Feb. We are too busy and it is not fair to the team. If a competition interferes with KAPOS in March or any event the Dunbar Cheerleading is involved with, it may not be approved.

d. You are responsible for discussing these terms with your all star coach.

16. **You will need an email address.** This cuts down on parent meetings.

17. Behavior expectations include internet sites such as myspace and facebook.

I agree to all of the above policies and would like to be considered for Dunbar Cheerleading . If I violate any of these rules, I will agree to any consequences set forth by the coach and the school principal.

NAME _____

Students signature _____

Parent's signature _____ date _____